# **Developing Your Intuition**





### Sat, May 14, 10:00am-5:00pm (6.5 CEUs, PDAs)

Professional & General Public: \$135 Bastyr/NIAOM Alumni: \$125 Full-time Student: \$50

#### **INSTRUCTOR:**



Robyn M. Fritz, MA, MBA

### Also Available:

**Developing and Maintaining Your Intuitive Energy Boundaries** Sun, May 15, 10:00am-5:00pm (6.5 CEUs, PDAs)

he only sense we routinely ignore, intuition is essential to creating healthy, satisfying, and vibrant personal and business lives. Our intuition is always at work; the key is to learn how it works so that we can rely on it daily as a both a practical and spiritual tool. Because everyone's intuitive ability is unique—a combination of intuitive seeing (clairvoyance), hearing (clairaudience), feeling (clairsentience), and knowing (claircognizance)—learning to use it requires training and experimentation.

In this workshop we will discuss cultural mindset, how intuition works, and how to ask intuitive questions and evaluate answers so that you have a strong foundation on which to build a full, six-sensory life. This fun, fast-action workshop will include lecture, discussion, demonstration, individual mentoring, and individual and group practice.

#### Class includes:

- Guided meditation and exercises to determine your unique intuitive skill set.
- Intuitive symbology and methodology to understand intuitive mindset, identify and use your strongest intuitive ability, and evaluate intuitive insights.
- Intuitive exercises to fine-tune your unique intuitive ability with direct feedback.
- Simple techniques to maintain intuitive awareness and a grounded, balanced life.
- Incorporating intuition in your daily life, including strengthening self-confidence, improving decision-making, business team building, and holding space for clients, associates, and yourself.
- Intuitive ethics for personal and business interactions.

At the end of the workshop participants will have a solid understanding of their intuitive ability and energetic boundaries to create a vibrant intuitive life at home and at work, and the self-confidence and skills to maintain them.

#### **UPON COMPLETION OF THIS SEMINAR YOU WILL BE ABLE TO:**

- Identify their strongest intuitive ability and learn how to use it.
- Learn how to identify when intuition is at work, and when physical or emotional issues may be affecting it—and how to manage this.
- Understand daily intuitive needs, from family to work issues.
- Learn methodology and ethics for working intuitively in your daily and professional life. management practice.
- Learn how to incorporate intuition in your daily life, including strengthening self-confidence, improving decision-making, and business team building.

## **Register Online Now**

Go to www.Bastyr.edu/Continuing-Education and click on the Course Calendar

View the course listing for additional information and presenter bios. You may also call (425) 602-3152 to register.



**CANCELLATION, TRANSFER & REFUND POLICY:** Please submit your request in writing (email, mail or fax). Unless otherwise specified in the individual course descriptions, cancellations or transfers made up to 14 calendar days before the first day of the course will result in a full refund, less a processing fee (\$35 or 20 percent of fee, whichever is less). No refunds will be granted for cancellations made with less than the 14-day notice, nor for home study courses once the registration and payment have been processed. Returned checks will be assessed a \$28 fee. Participants registered for full courses will not be refunded for any missed sessions and may not receive certificates of completion for partial completion of a seminar. Bastyr University reserves the right to cancel courses with insufficient enrollment, in which case a full refund will be granted to those registered.